



# POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley, CA 92284  
(760) 365-9661



## August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/ w/Wanda Stadum	7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/ w/Wanda Stadum	
8 AM Inter. Aerobics w/Lucinda Hampson	8 AM Inter. Aerobics w/ Teri Trent	8 AM Inter. Aerobics w/ Lucinda Hampson	8 AM Inter. Aerobics w/Carol Husband	8 AM Inter. Aerobics w/ Lucinda Hampson	
9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Water Yoga W/various instructors	
10 AM Basic Warm Water Exercise w/Kate Baiko	10 AM Active Warm Water Exercise w/Adrienne Cox	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water Exercise w/ Joyce Johnson	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water w/Kathryn Hilton
11 AM Water Yoga w/Barbara Bartley	11 AM Warm Water Walkie Talkie w/Joyce Johnson	11 PM Unclass w/David Zeigler	11 AM Warm Water Walkie Talkie w/ Joyce Johnson	11 AM Unclass w/David Zeigler	11 AM Unclass w/ Lynn Portera
12 PM Unclass w/Kathy Dougan	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Active Warm Water Exercise w/Teri Medford	12 PM Intro to Aerobics w/ Donna Tomlinson	12 PM Adult Volley Ball w/Karen Ford
1 PM Inter. Aerobics w/Susan Madavan	1 PM UnClass Class w/Lynn Portera	1 PM Intro to Aerobics w/Sybil Marcus	1 PM Unclass Class w/Teri Medford	1 PM Inter. Aerobics w/ Susan Madavan	
2 PM Aerobic/Volleyball w/Karen Ford		2 PM Aerobic/Volleyball w/Tim Taylor		2 PM Aerobic/Volleyball w/ Karen Ford	
<b>3 PM Kids Klases w/Lucinda &amp; Kate</b>	<b>3 PM Kids Klases w/Lucinda &amp; Kate</b>	<b>3 PM Kids Klases w/Lucinda &amp; Kate</b>	<b>3 PM Kids Klases w/Lucinda &amp; Kate</b>	<b>3 PM Kids Klases w/Lucinda &amp; Kate</b>	
<p><b>Kids Class are held every other week. Pre-registration is required.</b></p> <p><b>August sessions are August 6 thru 10 &amp; August 20 thru 24.</b></p> <p><b>For more information, please contact The Center @ (760) 365-9661.</b></p>					