



POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley, CA 92284
(760) 365-9661



MARCH 2018



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/ Wanda Stadum	7 AM Adv. Aerobics w/Lucinda Hampson	7 AM Adv. Aerobics w/ Wanda Stadum	7 AM Adv. Aerobics w/Wanda Stadum	
8 AM Inter. Aerobics w/Joan Haselbauer	8 AM Inter. Aerobics w/ Teri Trent	8 AM Inter. Aerobics w/Joan Haselbauer	8 AM Inter. Aerobics w/Carol Husband	8 AM Inter. Aerobics w/ Lucinda Hampson	
9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Water Yoga W/Shanta Reed	9 AM Zumba w/Maria Amstutz
10 AM Basic Warm Water Exercise w/Kate Baiko	10 AM Active Warm Water Exercise w/Adrienne Cox	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water Exercise w/ Joyce Johnson	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water w/Maria Amstutz
11 AM Water Yoga w/Shanta Reed	11 AM Warm Water Walkie Talkie w/Joyce Johnson	11 PM Unclass w/David Zeigler	11 AM Warm Water Walkie Talkie w/ Joyce Johnson	11 AM Unclass w/David Zeigler	11 AM Unclass w/ Lynn Portera
12 Unclass w/Teri Medford	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Active Warm Water Exercise w/Teri Medford	12 PM Intro to Aerobics w/ Donna Tomlinson	12 PM Adult Volley Ball w/Karen Ford
1 PM Inter. Aerobics w/Sybil Marcus	1 PM UnClass Class w/Lynn Portera	1 PM Intro to Aerobics w/Teri Medford	1 PM Unclass Class w/Lynn Portera	1 PM Inter. Aerobics w/Sybil Marcus	
2 PM Aerobic/Volleyball w/Karen Ford	2:15 PM Mommy & ** Me w/Colleen Zuhlke	2 PM Aerobic/Volleyball w/Tim Taylor	2:15 PM Mommy & ** Me w/Colleen Zuhlke	2 PM Aerobic/Volleyball w/ Karen Ford	
	3 PM Kids Klass** w/Colleen Zuhlke		3 PM Kids Klass** w/Colleen Zuhlke		
	**To sign up for Kids Class or for more information, please contact Colleen @ (760) 910-5432.				