





57121 Sunnyslope Dr., Yucca Valley

(760) 365-9661

POOL SCHEDULE

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
7AM <i>Advanced Aerobics</i> Wanda Stadum	7AM <i>Advanced Aerobics</i> Wanda Stadum	7AM No class	7AM <i>Advanced Aerobics</i> Wanda Stadum	7AM <i>Advanced Aerobics</i> Wanda Stadum
8 AM <i>Intermediate A</i> Kathy S Y Water Kathy Dougan	8 AM <i>Intermediate Aerobics</i> Cec Neale	8 AM <i>Intermediate Aerobics</i> Cec Neale	8 AM <i>Intermediate Aerobics</i> Cec Neale	8 AM <i>Intermediate</i> Kath
9 AM <i>Mind & Body</i> <i>Beginner Aerobics</i> Sunny Evans	9 AM <i>Mind & Body</i> <i>Beginner Aerobics</i> Sunny Evans	9 AM <i>Active Warm Water</i> Scot McKone	9 AM <i>Mind & Body</i> <i>Beginner Aerobics</i> Sunny Evans	9 AM <i>Active Warm Water</i> Kathy Dougan
10 AM <i>Rockin' & Rollin' Aerobics</i> Kathryn Hilton	10 AM <i>Intermediate Aerobics</i> Eve Vykydal	10 AM <i>Basic Warm Water</i> Kathy Breslin	10 AM <i>Intermediate Aerobics</i> Eve Vykydal	10 AM <i>Intro to Warm Water</i> Kathy Breslin
11 AM <i>Aerobics</i> Tommy Dodson	11 AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Intro to Aerobics</i> Donna Tomlinson	11 AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Basic Aerobics</i> Terry Medford
12 PM <i>Eclectic Aerobics</i> Megan Close	12 PM <i>Basic Warm Water</i> Joyce Johnson	12 PM <i>Disco Aerobics</i> Tommy Dodson	12 PM <i>Basic Warm Water</i> Joyce Johnson	12 PM <i>Fluid Qi Gong</i> Megan Close
	6:00-8:00 PM <i>Adult Water Volleyball</i> Michal Brock			6:00-8:00 PM <i>Adult Water Volleyball</i> Michal Brock
 <div style="border: 2px solid red; padding: 10px; margin: 10px auto; width: 80%;"> <p style="text-align: center;">HOURS:</p> <p style="text-align: center;">Mon, Tues, Thursday, Friday: 7:00am – 1:30 pm</p> <p style="text-align: center;">Wednesday: 8:00 am – 1:30 PM</p> </div> <div style="text-align: right; margin-top: 20px;">  </div>				
Schedule is subject to change				
Please check the schedule on the easel at the pool desk for changes.				

No classes until November 11

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