




CENTER FOR HEALTHY GENERATIONS ACTIVITIES ROOM CALENDAR SEPTEMBER 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOP - Not Open To Public	Kiniseology available by appointment 808-333-1001	All classes and activities are subject to change	Email: Admin@mbchg.org	If there's a class you'd like to teach, please contact Kathy Dougan admin@mbchg.org	57121 Sunnyslope Dr. Yucca Valley, CA 92284 (760) 365-9661	IN ORANGE: OPEN TO EVERYONE. PLEASE JOIN
1	2 Labor Day Closed	3 10:00 am Stretch & Tone Tech Class 11:30-1:30 appt.	4 9-10 Yoga Rubber Ducky Mtg 2:30	5 10:00 am Stretch & Tone	6 9-11 am Water Color	7 9 am-3 pm Life Stream Blood Bank
38	9 9-10 Yoga Kiniseology 11-1 Appt Chapparral 11:30-3:00 pm	10 10:00 am Stretch & Tone Tech Class 11:30-1:30 appt.	11 9-10 Yoga Sportettes 1:30-3:30 Rubber Ducky Mtg 3:30	12 10:00 am Stretch & Tone Bunco	13 9-11 am Water Color	14 Pvt Party 1-3
15	16 9-10 Yoga Kiniseology 11-1 Appt	17 10:00 am Stretch & Tone Tech Class 11:30-1:30 appt.	18 9-10 Yoga Rubber Ducky Mtg 2:30 Pvt Party 6-9	19 10:00 am Stretch & Tone Memory Class 1-2 Board Meeting 4 Pvt Party 6:30-8_30	20 9-11 am Water Color	21 9 am-3 pm Life Stream Blood Bank
22	23 9-10 Yoga Kiniseology 11-1 Appt	24 10:00 am Stretch & Tone Tech Class 11:30-1:30 appt.	25 9-10 Yoga Rubber Ducky Mtg 2:30	26 10:00 am Stretch & Tone	27 9-11 am Water Color	28  RUBBER DUCKY 5:3—8:30
29 Private 5-7	30 9-10 Yoga Kiniseology 11-1 Appt					