



POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley
(760) 365-9661

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Intermediate Aerobics</i> Cecilia Neale	7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum	
8 AM <i>Intermediate Aerobics</i> Cecilia Neale	8 AM <i>Active Warm Water</i> Kathy Dougan	8 AM <i>Intermediate Aerobics</i> Maria Amstutz	8 AM <i>Intermediate Aerobics</i> Rita Spires	8 AM <i>Intermediate Aerobics</i> Maria Amstutz	
9 AM <i>Yoga</i> Kathy Dougan	9 AM <i>Active Warm Water</i> Scot McKone	9 AM	9 AM <i>Active Warm Water</i> Scot McKone	9 AM <i>Yoga</i> Kathy Dougan	
10 AM <i>Freestyle</i> Kathy Dougan	10 AM	10 AM <i>Active Warm Water</i> Kathy Breslin	10 AM	10 AM <i>Active Warm Water</i> Kathy Breslin	10 AM <i>Basic Warm Water</i> Katherine Hilton
11 AM <i>Aerobics</i> Tommy Dodson	11 AM Joyce Johnson <i>Walkie-Talkie</i>	11 AM <i>Freestyle</i> Shanta Reed	11 AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Freestyle</i> Shanta Reed	11 AM <i>Freestyle</i> Michal Brock
12 PM	12 PM <i>Basic Warm Water</i> Joyce Johnson	12 PM	12 PM <i>Basic Warm Water</i> Joyce Johnson	12 PM	12 PM - 2 PM <i>Adult Water Volleyball</i> Tim Taylor
1 PM <i>Active Warm Water</i> Terri Medford	1 PM <i>Aerobics</i> Donna Tomlinson	1 PM <i>Active Warm Water</i> Terri Medford	1 PM	1 PM <i>Aerobics</i> Donna Tomlinson	
			2/230 PM	2/230 PM	
	6 PM <i>Advanced Aerobics</i> Cec Neale		6 PM <i>Advanced Aerobics</i> Cec Neale		

Schedule is subject to change