



# POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley, CA 92284  
(760) 365-9661



## WINTER/SPRING 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/Kate Baiko	7 AM Adv. Aerobics w/Wanda Stadum	7 AM Adv. Aerobics w/Wanda Stadum	
8 AM Inter. Aerobics w/Lucinda Hampson	8 AM Inter. Aerobics w/ Teri Trent	8 AM Inter. Aerobics w/ Teri Trent	8 AM Inter. Aerobics w/Lucinda Hampson	8 AM Inter. Aerobics w/ Teri Trent	
9 AM Aerobics w/ Kate Baiko/Lucinda Hampson	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Basic Warm Water Exercise w/ Barbara Kendrick	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Yoga w/Shanta Reed	
10 AM Active Warm Water Exercise w/Kate Baiko	10 AM Active Warm Water Exercise w/Adrienne Cox	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water Exercise w/ Joyce Johnson	10 AM Basic Warm Water Exercise w/Shanta Reed	10 AM Active Warm Water w/Kathryn Hilton
11 AM Water Yoga w/Shanta Reed	11 AM Unclash w/Joyce Johnson	11 AM Unclash w/David Zeigler	11 AM Unclash w/ Joyce Johnson	11 AM Unclash w/David Zeigler	11 AM Unclash w/ Karen F. or Kathy D.
12 PM Unclash Exercise w/Kathy Dougan	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Intro to Aerobics w/Donna Tomlinson	12 PM Active Warm Water Exercise w/Teri Medford	12 PM Intro to Aerobics w/ Donna Tomlinson	12 PM Adult Volley Ball w/Karen Ford
1 PM Inter. Aerobics w/Susan Madavan	1 PM UnClass Exercise w/ Katie King	1 PM Inter Aerobics w/Susan Madavan	1 PM Unclash Exercise w/Teri Medford	1 PM Inter. Aerobics w/ Susan Madavan	
3PM Children's classes w/ Kate and Lucinda		2 PM Aerobic/Volleyball w/ Tim Taylor			
		3PM Children's Classes w/ Kate & Lucinda			
		5PM Zumba w/ Maria Amstutz			
		6PM Aerobics w/ Lucinda Hampson			

**Due to vacations & personal reasons, classes may have various substitute instructors. Please support the people who volunteer their time to come & instruct your class.**

\*\*\* Schedule is subject to change\*\*\*