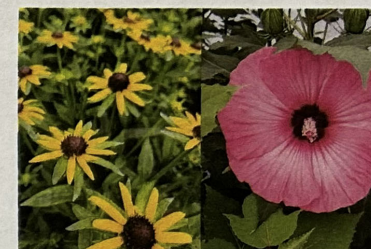




AQUAFIT ACTIVITIES CENTER CALENDAR August 2026



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
NOP - Not Open To Public	IN BLUE: OPEN TO EVERY- ONE. PLEASE JOIN	All classes and activities are subject to change	Email: Activities@mbchg.org	If there's a class you'd like to teach, please contact Dottie Hennacy at director@mbchg.org	57121 Sunnyslope Dr. Yucca Valley, CA 92284 (760) 365-9661	1 Life Stream Blood Drive 9 to 2
2	3 Yoga 9-10am	4 Stretch & Tone 10-11	5 Yoga 9-10am	6 Stretch & Tone 10-11	7 Watercolor No Class	8
9	10 Yoga 9-10am	11 Stretch & Tone 10-11	12 Yoga 9-10am Sportettes on vacation! No 1-3:30 meeting! Ice Cream Social 2-5pm	13 Stretch & Tone 10-11	14 Watercolor 9-11 Parkinson's Mtg. 11:30-12:30	15 Life Stream Blood Drive 9 to 2
16	17 Yoga 9-10am	18 Stretch & Tone 10-11	19 Yoga 9-10am	20 Stretch & Tone 10-11 4:00-6:00 Board Mtg. 6:00-8:00 Old Car Club	21 Watercolor No Class	22
23	23 Yoga 9-10am	25 Stretch & Tone 10-11	26 Yoga 9-10am	27 Stretch & Tone 10-11	28 Watercolor No Class	29 Life Stream Blood Drive 9 to 2
30	31 Yoga 9-10am					