

AQUAFIT ACTIVITIES CENTER CALENDAR November 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOP - Not Open To Public	IN BLUE: OPEN TO EVERYONE. PLEASE JOIN	All classes and activities are subject to change	Email: Activities @mbchg.org	If there's a class you'd like to teach, please contact Dottie Hennacy at Director@mbchg.org Activities@mbchg.org 760-365-9661	57121 Sunnyslope Dr. *Yucca Valley,* CA 92284 (760) 365-9661	
1	2 *Yoga 9-10am*	3 *Stretch & Tone 10-11*	4 *Yoga 9-10am*	*5 Stretch & Tone 10-11*	*6 Watercolor 9-11*	*7*
8	*9 Yoga 9-10amog*	*10 Stretch & Tone 10-11*	*11 Yoga 9-10am*	*12 Stretch & Tone 10-11*	*13* Watercolor 9-11 *Parkinson's Mtg. 11:30-12:30*	*14*
15	*16 Yoga 9-10am*	*17 Stretch & Tone 10-11*	*18 Yoga 9-10am 1-3 :30 Sportettes*	*19 Stretch & Tone 10-11 6:00-8:00 Old Car Club 4:00-6:00 Board Meeting*	*20 Watercolor 9-11*	*21*
22	*23 Yoga 9-10am*	*24 Stretch & Tone 10-11*	*25 Yoga 9-10am*	*26 Stretch & Tone 10-11*	*27 Watercolor 9-11*	*28 Blood Bank 9-2*
29	*30 Yoga 9-10am*					