AquaFit
Activities Center

57121 Sunnyslope Dr., Yucca Valley 92284
(760) 365-9661

POOL SCHEDULE

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
7 AM *Advanced Aerobics* Wanda Stadum 8 AM *Intermediate Aerobics* Cecilia Neale 9 AM *Yoga in the Water* Sunny Evans 10 AM No class 11 AM Active Warm Water Terry Medford 12 APM *Aerobics* Tommy Dodson	7 AM *Advanced Aerobics* Wanda Stadum 8 AM *Intermediate Aerobics* Cecilia Neale 9 AM *Active Warm Water* Scott McKone 10 AM Active warm Water Donna Tomlinson 11AM *Walkie-Talkie* Joyce Johnson 12PM No class	7 AM No Class 8 AM *Intermediate Aerobics* Cecilia Neale 9 AM *Yoga in the Water* Sunny Evans 10 AM *Basic Warm Water* Kathy Breslin 11 AM *Basic Warm Water* Kathy Breslin 12PM Aerobics Tommy Dotson	7AM *Advanced Aerobics* Wanda Stadum 8AM *Intermediate Aerobics* Cecilia Neale 9AM *Active Warm Water* Scott McKone *10AM* *Active Warm Water* Donna Tomlinson 11AM *Walkie-Talkie* Joyce Johnson 12PM No class 6-8 PM *ActiOve Adult Volleyball* Anita/Michal Brock	7 AM *Advanced Aerobics* Wanda Stadum 8 AM *Intermediate Aerobics* Sunny Evans 9 AM *Yoga in the Water* Sunny Evans *10AM* *Basic Warm Water* Kathy Breslin 11 AM *Active Warm Water* Terry Medford 12 PM *Aerobics* Tommy Dodson





OUR HOURS ARE MON-FRI 7am to 1:30pm
WED 8am to 1:30pm

Schedule is subject to change