



*Thank
you!*

WE LOVE OUR PARTICIPANTS!
WE LOVE OUR VOLUNTEERS!

**You ARE our
Center!**



AquaFit Announcements

Plant & Rummage Sale

The Plant & Yard sale is nearly here!

We are accepting donations up to the day before the event! Bring plants and saleable goodies in until Thursday, June 18.

Has your 'green thumb' produced too many plant starters, cacti runaways, and succulent babies? Great! Place them in pots and bring them in! Do you have clothing and fun finds that need a new home? Amazing! We would love to try to find that new chapter for them. Our annual Plant & Rummage sale provides much needed funding for our Activities Center. Your donations are sold to the public and all proceeds gathered go directly into AquaFit maintenance.

We are also looking for volunteers to hang signs (and retrieve them), to organize tables, to price items, and to sell goods during the day.

Thank you again for being part of our AquaFit community ❤️

PLANTS & RUMMAGE Sale!

GREAT FINDS. GREAT PRICES. SUPPORT AQUAFIT!

➤ SHOP. SUPPORT. YOUR PURCHASES HELP SUPPORT AQUAFIT! ➤

➤ FIND SOMETHING YOU'LL LOVE! ➤

- BEAUTIFUL PLANTS**
FOR INDOOR & OUTDOOR
- RUMMAGE FINDS**
FURNITURE, HOME DÉCOR, KITCHENWARE, BOOKS & MORE!
- TREASURES GALORE**
CLOTHING, TOYS, KNICKKNACKS & MORE!
- SOMETHING FOR EVERYONE!**

FRIDAY JUNE 19
9AM - 2PM

SATURDAY JUNE 20
9AM - 2PM

AT AQUAFIT
57121 SUNNYSLOPE DR
YUCCA VALLEY, CA 92284

YOUR PURCHASES HELP SUPPORT AQUAFIT AND OUR COMMUNITY!

THANK YOU FOR SUPPORTING AQUAFIT!

The Plant & Rummage sale will be held inside and outside of AquaFit on Friday, June 19th & Saturday, June 20th

Event Details

Date: June 19 & 20, 2026

Time: 9:00 AM – 2:00 PM

Here Are the Schedules!



AQUAFIT ACTIVITIES CENTER CALENDAR June 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOP - Not Open To Public	IN BLUE: OPEN TO EVERY- ONE. PLEASE JOIN	All classes and activities are subject to change	Email: Activities@mbchg.org	If there's a class you'd like to teach, please contact Dottie Hennacy at director@mbchg.org	57121 Sunnyslope Dr. Yucca Valley, CA 92284 (760) 365-9661	
	1 Yoga 9-10am	2 Stretch & Tone 10-11	3 Yoga 9-10am	4 Stretch & Tone 10-11	5 Watercolor 9-11	6
7	8 Yoga 9-10am	9 Stretch & Tone 10-11	10 Yoga 9-10am 1-3 :30 Sportettes	11 Stretch & Tone 10-11	12 Watercolor 9-11 Parkinson's Mtg. 11:30-12:30	13
14	15 Yoga 9-10am	16 Stretch & Tone 10-11	17 Yoga 9-10am	18 Stretch & Tone 10-11 4:00-6:00 Board Mtg. 6:00-8:00 Old Car Club	19 Watercolor 9-11 YARD SALE 9 TO 2	20 YARD SALE 9 TO 2
21	22 Yoga 9-10am	23 Stretch & Tone 10-11	24 Yoga 9-10am	25 Stretch & Tone 10-11	26 Watercolor 9-11 5 to 9:30 Private Party	27 Life Stream Blood Drive 9 to 2
28	29 Yoga 9-10am	30 Stretch & Tone 10-11				



POOL SCHEDULE

June 2026

57121 Sunnyslope Dr., Yucca Valley
(760) 365-9661

Monday	Tuesday	Wednesday	Thursday	Friday
7 AM Advanced Aerobics Wanda Stadum	7 AM Advanced Aerobics Wanda Stadum	7 AM No Class	7AM Advanced Aerobics Wanda Stadum	7 AM Advanced Aerobics Wanda Stadum
8 AM Intermediate Aerobics Cecilia Neale	8 AM Intermediate Aerobics Cecilia Neale	8 AM Intermediate Aerobics Cecilia Neale	8AM Intermediate Aerobics Cecilia Neale	8 AM Intermediate Aerobics Sunny Evans
9 AM Yoga in the Water Sunny Evans	9 AM Active Warm Water Scott McKone	9 AM Yoga in the Water Sunny Evans	9AM Active Warm Water Scott McKone	9 AM Yoga in the Water Sunny Evans
10 AM Rockin' & Rollin' Aerobics Kathryn Hilton	10 AM Active warm Water Donna Tomlinson	10 AM Basic Warm Water Kathy Breslin	10AM Active Warm Water Donna Tomlinson	10AM Basic Warm Water Kathy Breslin
11 AM Active Warm Water Terry Medford	11AM Walkie-Talkie Joyce Johnson	11 AM Basic Warm Water Kathy Breslin	11AM Walkie-Talkie Joyce Johnson	11 AM Active Warm Water Terry Medford
12 APM Aerobics Tommy Dodson	12PM No class	12PM Aerobics Tommy Dotson	12PM No class	12 PM Aerobics Tommy Dodson
	6-8 PM Active Adult Volleyball Anita/Michal Brock			



OUR HOURS ARE MON-FRI 7am to 1:30pm
WED 8am to 1:30pm



****Schedule is subject to change****

More Events to Watch For:

- Rubber Duckie Day, **September** -
- Grand Opening, **October** -
- Thanksgiving Party, **November** -
- Christmas Cookie Exchange, **December** -

AND MORE, so keep a lookout!

We have a place for you!

We are always welcoming new volunteers! Join our fantastic team of pool and land instructors, front desk greeters, and computer whizzes. Have a special talent or unique hobby? We'd love to have you host a class!



We want to hear from you!

This newsletter is for YOU. Do you have announcement? A special thank you? A story about how the Center has impacted your life? We want to hear it! Email us at admin@mbchg.org (please put ATTN: Newsletter in the subject line).



AquaFit (formerly The Center for Healthy Generations)
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(760) 365-9661
admin@mbchg.org www.mbchg.org

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